

Jesus Is God - Jesus Calms the Storm

Bible Passage: Matthew 8:23–27; Mark 4:35–41; Luke 8:22–25

Memory Verse of the Week: God says, “Be still, and know that I am God.” Psalm 46:10

Storytelling Video

Click [HERE](#) to have your children watch this week’s video to hear how Jesus calms a storm.

Discussion & Activities

Review the story with your children. Use the image below to review the story in creative and unique ways that you know your child will enjoy.



Story Overview:

When Jesus was on earth, He did many amazing things to show the people that He is God. One day, Jesus and His disciples were crossing a lake when a big storm came up. The disciples were very frightened. They didn't know if they would make it to the shore. They wanted Jesus to help them, and found Jesus sleeping on a pillow. The disciples woke Jesus, and Jesus did something amazing— He told the wind and the waves to be quiet! He said, "Peace! Be still!" And the storm calmed down immediately. Jesus showed the disciples that He is God, because only God can make the wind and the waves obey.

Discussion Questions:

Ask the questions that fit your children's age and developmental levels.

- 1. Read Mark 4:35. When Jesus was finished teaching the people, where did He want to go? (He wanted to go to the other side of the lake.)**
- 2. Read verse 37. What happened to the boat while Jesus and the disciples were crossing the lake? (A big storm came up and the waves came over the side of the boat.)**
- 3. Read verses 38–39. What did Jesus do after the disciples woke Him? (He told the wind and the waves to be quiet.)**
- 4. Read Matthew 8:27. What did the disciples think? (They were amazed and wondered what kind of man Jesus was.)**
- 5. How was Jesus able to calm the storm with just His voice?**
- 6. Why were the disciples amazed by what Jesus had done?**
- 7. What amazes you about Jesus?**
- 8. How/When have you felt God's peace in your life?**

Prayer of Blessing

Bless each child individually by going around and gently placing your hand on their head or shoulder saying:

(Insert child's name), may you be filled with the love of God and with awe of who He is. May you always remember that Jesus is God, and He can give you peace in any storm.

Use this time to pray as a family. Ask your children if they have a “storm” in their life where they want to experience God’s peace. Ask if there are specific people or situations they would like to pray for. Parents, pray for you children and also allow them to lead prayer by praying for each other and their specific prayer requests.

Activity: Calm the Storm!

SUPPLIES

Blue blanket or bed sheet, toy boats/Lego figures/etc.

SET UP

Set out the sheet or blanket on the floor. Allow children to play with their boats and figures for a bit in the “water.”

PLAY!

Gather your children around the edges of the “water.” **Today we heard about a big storm on the lake that frightened all of Jesus’ disciples. Let’s make a storm of our own!** Show children how to create a “storm” by waving the blue sheet up and down making the toys bounce on it. Have kids practice waving the sheet. **Jesus calmed the huge storm just by speaking to it. That’s because Jesus is God and He can control even the waves! What did Jesus say to the storm?** Allow children to answer. **That’s right! So when I say, “Peace! Be still!” you must freeze and stop shaking the water as fast as possible.** Play!

Craft: Storm Makers

SUPPLIES

Empty plastic bottles, water, food coloring (blue and green), cooking oil, glitter, hot glue gun or duct tape

SET UP AND PLAY!

Have your children help you with this process. Fill each bottle with water. Add food coloring and pour 1 to 2 tablespoons of cooking oil in each bottle. Add as much glitter as desired. Glue or duct tape the lids to the bottles to seal them shut.

As you play with your “storms” ask them open-ended questions about their observations and connect back the story.